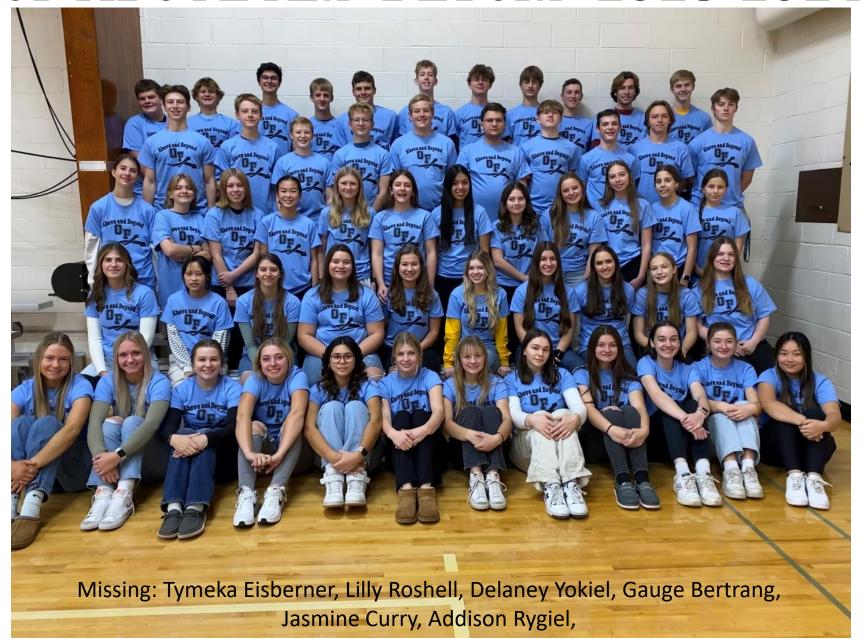


2023-2024

OF ABOVE AND BEYOND 2023-2024



OF ABOVE AND BEYOND SENIORS



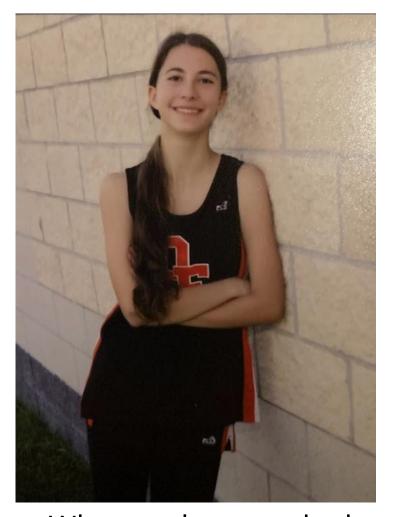


Staying away from drugs and alcohol in high school allows you to develop into who you really are without any artificial influences. It shows a really strong person who can be who they want to be instead of giving into pressures from people who think differently than you.

Tera Simpson Adviser

Activities: Above and Beyond Adviser, Health Education and Science Teacher, TADD Adviser, AODA Coordinator

Hometown Hero: I chose Mr. Phillips because of all the work he is doing at our school with solar energy. Not only is he making physical adjustments at our school for a financial benefit of our district and a positive environmental impact, he is also working to use this experience to enhance the learning of our students. There is no dispute that Mr. Phillips wants a genuine learning experience for the students taking his classes.



When you're a good role model, you lead by example. You can inspire people to reach new heights or to be better.

Alyssa Burmesch Sophomore

Activities: Above and Beyond, Speech Team, Hope Squad, School Musicals, Cross Country and Track, Girl Scouts

Hometown Hero: My hometown hero is Kayla Velasquez because she is a great teacher and cares deeply about her students and their wellbeing. She is passionate in her work and in connecting with her students. She is trustworthy and someone you can count on, especially when times are tough.



I'm proud to be a part of the OF community because it's a very supportive area.

It's also a positive community, and everyone is friendly and nice.

Ty Hanson Sophomore

Activities: Above and Beyond, Football,
Basketball and Baseball

Hometown Hero: Mrs. Simpson is always involved with the community and the school and is a terrific teacher. Although I didn't have her as a teacher for long in 8th grade, I'm looking forward to class this year.

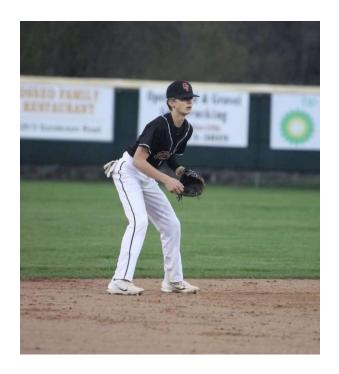
Madysen Lindgren Sophomore

Activities: Above and Beyond, Dance, Cheer, Competitive Dance, Band, Forensics and Student Council

Hometown Hero: My hometown hero is my mother, Kayla Lindgren because without her, I wouldn't be where I am right now. She loves me no matter what and is such a great role model for me. I want to be just like her when I grow up.



I think that drugs and alcohol should always be avoided because it can affect you and the people around you who care for you.



I'm proud to be a part of the OF community because I think it is a very nice and welcoming group of people where everybody knows each other and cares for each other. It is also full of great role models and people to look up to in your life.

Drew Paulus Sophomore

Activities: Above and Beyond, Football, Basketball, Baseball, FFA and 4H

Hometown Hero: Scott Williams is my hometown hero because he is very well known and respected in out community. He is always helping with the younger kids in the community for baseball and wherever he can step up and help with anyone he does. Scott also helps wherever he can in the community outside of sports. He helps with dinners and things where he can help in the community. Scott is a great all-around person and helps everyone he can. Scott also coached me while I was growing up playing baseball and always made it fun and helped me fall in love with the game of baseball.



I think it is important to be a good roll model because we need to set good examples for the people around us in our lives.

Mason Schmidt Sophomore

Activities: Above and Beyond, Football,
Basketball and Baseball

Hometown Hero: I chose Peter Kleinschmidt as my home town hero because he is always greeting people throughout the building. He creates a fun learning environment, and helps with sports activities. He is also a good person to talk to, no matter the circumstances. That is way I chose Peter Kleinschmidt as my hometown hero.



If you enjoy what you're doing outside of school, I suggest not ruining that opportunity and privilege you have with drugs, alcohol, and tobacco. You're ruining your health and fun in life.

Mailah Xiong Sophomore

Activities: Above and Beyond, Speech Team, Hope Squad, The School Musical

Hometown Hero: Rick Speckien is my hometown hero because he's everyone's favorite and can be reliable even though he's old and bald:) That's sarcasm for ya. Everyone loves Speckien because he's a nice dude and funny.

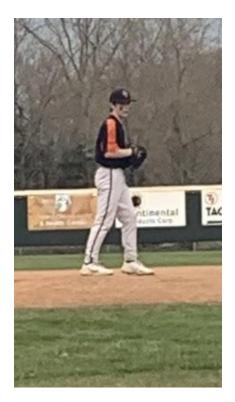


I think that it's important to be a good role model because if you are a role model people will look up to you and copy some of your actions; like being kind to others.

Drake Vojtik Sophomore

Activities: Above and Beyond, Football and Basketball

Hometown Hero: Howie Schmidt is my hometown hero. I chose Howie because he is always helping me and others progress in their sports careers. He is always someone who is there to talk and help you out if you need it. Overall I think that he is just a great person.



If you use drugs and alcohol and get caught you could lose all your scholarships and it could mess you up for the rest of your life. In addition your mental health will get worse and you will start to make not smart decisions.

Colton Williams Sophomore

Activities: Above and Beyond, Baseball and Football

Hometown Hero: Andy Paulus is my hometown hero because he gives back to our community weather it be cooking burgers at the baseball games or mowing lawns around town. He is a great guy to be around and always makes people smile. It is always a good time at a baseball game when you see him in the stands chirping the other team or giving you a hard time for not playing football. Andy is always willing to help that is why I chose Andy Paulus as my hometown hero.



I think it's important to be a good role model for the younger generations. Kids are very impressionable, so it's good to be a good role model to help lead them in the right direction. Some kids do not have good role models at home, so I think it's important to have your best foot forward and to do what's right, for you never know when a kid is watching you.

Delaney Yokiel Sophomore

Activities: Above and Beyond, Dance, Cheer, Softball, Student Council, FBLA, Miss Osseo

Hometown Hero: My hometown hero is Mrs. Jensen. She is a wonderful teacher and coach, and an even better person! She has pushed for more recognition for our accomplishments and always pushes for sportsmanship through out the Osseo Fairchild sports. She is always there to lend a listening ear to those who needs! I'm very proud of her and how strong she came back after her hip replacement. She is a real hero!!'



I think that it's important to stay away from drugs, alcohol, and tobacco because if you take part in doing these things it can influence you in a negative way. You don't act as yourself and you do things you might not have done if you never did these things. I think that if you don't do drugs, drink alcohol, and use tobacco you will be the best version of yourself.

Reese Ziegler Sophomore

Activities: Above and Beyond, Dance Team, Hope Squad, Student Council, Church Invovlement, Competitive Dance

Hometown Hero: Grace Bigbee is my hometown hero. Grace is such a positive person. When I come to practice everyday, I know that she is going to put a smile on my face. No matter who you are or what you're doing, Grace will put you above herself. I believe she should be recognized because she works so hard to make our school a safe and welcoming place.



I think it is extremely important to be a good role model. Many younger kids tend to look up to others, like they do with their parents. If people are put into these groups that signify that they are good kids, younger people will look up to them. If these people are acting bad in any way, those younger kids will learn and pick up on those habits.

Isabella Abram Sophomore

Activities: Above and Beyond, Dance Team, Hope Squad, Student Council, FBLA, Volunteer at Farmer's Market

Hometown Hero: My home town hero is Michelle Abram. Not only is she my mother, but also the owner of the bakery Pattycakes. She has taught me many lessons throughout my life and she is an amazing role model. She especially has taught me about giving back to others. Whenever there is a school dance or event, she tries to contribute something by making sweets for it. She always has concern for everyone in the community and hopes the best for everyone. Whenever there is a problem within the town, she always tries to see what she can contribute to the situation. This is why I choose her as my home town hero.



I am proud to be a part of the OF community because it is a amazing community to be a part of.

Everybody tries their best to help other people and there is a whole lot less selfishness compared to something like a big city such as Chicago, and for the most part, you know most of the people in the OF community.

Jimmy Wilton Sophomore

Activities: Above and Beyond, FFA, Student Council

Hometown Hero: My home town hero is Curt Nelson. Along with amazing coffee, the owner of the Nickel has seemingly created a very good coffee shop that serves quality coffee. They also seem to give coffee and other goods to public events in Osseo. Things like free coffee, doughnuts and cookies at community events are good for the community. They have also catered for the school before, and in general this person runs an amazing business.



I'm proud to be a part of the OF community for many reasons. Recently through everything that happened it's truly shown how the OF community has come together. It's proved that we are able to know that we are not walking through these difficulties alone. We've shown compassion and support to others in these hard times. Being a part of this community can make us feel like we are a part of something greater than ourselves. It could give us multiple opportunities to connect with people, reach our goals, and make us feel safe and secure. And that's what the OF community has proven to be.

Addie Helland Junior

Activities: Above and Beyond, Student Council, FBLA, TADD, NHS, Volleyball and Basketball

Hometown Hero: My grandma Karen Rosentreter is my hometown hero. My grandma has always been a significant part of my life. As I was growing up I realized that she's the person I look up to the most. My grandma battled with cancer in the early years of my life. Since then, she's been cancer free and I've admired how strong she is, as well as perseverance for anything she does. Its made me cherish every moment with her, and appreciate everything she's done for me. Even now I can always count on her to be supportive in everything I do. I can't think of a better option than her.



I think it's important for someone to be a good role model because everyone at a young age follows someone and does what that person always does. If a person does drugs and alcohol then many others would follow in their footsteps leading them to make bad decisions and ruin their life. If a person follows rules and does good things others would follow them and brighten their future and make good decisions.

Lizzie Jacobson Junior

Activities: Above and Beyond, Student Council, FBLA, Culture Club, NHS, Volleyball and Basketball, Church Youth Group and ASP

Hometown Hero: Wayne Beard because he was a teacher at this school and was very helpful to his students and still helps out with the community after he retired. He helps fix homes for people around the community and has been a good role model for the community.



away from drugs and alcohol because doing those things and ruin your life and especially at such a young age. Doing drugs and drinking alcohol limits your ability's and is all in all not good.

Bryssa Johnson Junior

Activities: Above and Beyond, Basketball, Volleyball, Softball, FBLA, TADD, Student Council, NHS, and Church Youth Group

Hometown Hero: Maryjane Holmen is my hometown hero because not only is she a first grade teacher but also a working mother. She works hard not just during the school year but also in the summer for summer school. Maryjane is very involved with events at the school and she's an amazing role model.



I am proud to be a part of the Osseo-Fairchild community because of our togetherness. Knowing that anytime you need, there are countless members of our community willing to help you with whatever you might need. As my life progresses and I have kids, I really hope that they have the same privilege as I do of growing up in such a great community.

Tryggve Korger

Junior

Activities: Above and Beyond, FBLA, FFA, NHS, OELC Youth Group, Sons of the American Legion, Basketball and Baseball

Hometown Hero: My hometown hero is Scottie Schoettle. I could sit here and give thousands of examples of why I would recommend anybody to model themselves after Scottie. Anytime I see Scottie he is upbeat and always smiling, it is genuinely impossible to interact with him and not smile. He is also always volunteering his time for something or someone. In the spring and summertime, he generously volunteers countless hours at merchant park with the sound system. He really makes the baseball games feel more engaged and just a great environment. He also fixed up the scoreboard out there to pull it all together! Another great attribute of Scottie's is that he can be very down to earth, right after being silly. If I would ever be in a bad situation and needed help, I would feel 100 percent confident that Scottie would help me or anyone out. For all of these reasons, Scottie Schoettle is my hometown hero!

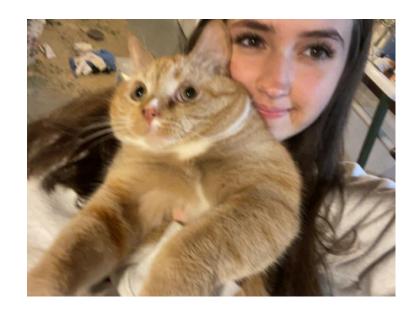


I'm proud to be part of the OF community because it's a community that builds together as a team

Nolan Olson Junior

Activities: Above and Beyond, Musical, Boy Scouts, Track

Hometown Hero: My
hometown hero is Michael
Davis. I chose him because he
is always willing to go the
extra mile to put a smile on
someone's face and to make
sure they have everything they
need to succeed

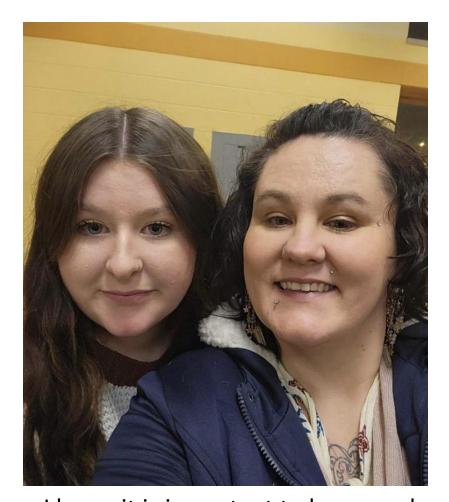


I think it's important to be a role model because when good people show their kindness, helpfulness, and their hard work it's always good for others to see that. Being the bigger and better person is always good to show off because this can change the people around you. You will always receive something good back for being an amazing person and role model.

Kaiya Quirk Junior

Activities: Above and Beyond, Hope Squad, Church Involvement, and Volleyball

Hometown Hero: Morgan Quirk because she has always been there for me at my lowest. She knows exactly what to say to make me feel better no matter what it is. She's an amazing sister and has a bright future ahead of her. She works hard in everything she does. She's one of the smartest people I know. I look up to her I'm everything and I hope to be like her in the future.



I know it is important to be a good role model because when a child has a positive role model, they are likely to engage in constructive actions like the person they look up to.

Lilly Roshell Junior

Activities: Above and Beyond, FBLA, Student Council and Church Involvement

Hometown Hero: If I had to choose my hometown hero It would have to be Mrs. Lane. She is one of the most understanding people I know. She is always there for you and tries her best to make your day special. She's always there with a shoulder to cry on and kleenex in her hand. She always wants to help out and make sure you always do the best of your ability. She always engages in our conversation and shows an interest in our lives. She is a great individual and cares about every one of her students, we all appreciate you.



As an athlete, I believe that drugs and alcohol can negatively affect your playing skill, reaction time, and mood. If you get caught doing any of those things, then you can have serious consequences and will not be able to play.

Jillian Scheffer Junior

Activities: Above and Beyond, FFA, NHS and Volleyball

Hometown Hero: My hometown hero is my dad because he is always so so supportive in not only sports but in everyday life. He always knows what to say when I'm upset or when I get stuck between a rock and a hard place. He works so so hard for our family and is always willing to help the community and anyone who needs assistance.

Mackenzie Scheller



I believe it's important to be a good role model because of how it effects you and the other people around you. Younger people often look up to you and will follow in whatever actions you do.

That's why it's important to be doing things that positively effect the people and environment around you. If it doesn't effect you that doesn't mean it won't effect others. It's important to do things that make others and yourself proud.

Junior

Activities: Above and Beyond, FBLA, NHS, Musical, Dance, Cheer and Track

Hometown Hero: My hometown hero is Mrs. Lane. I say this because even though this year is the first year I've had her for a teacher, she's already taught me so many things and is a great representation of a person who loves her job and loves the students around her. She always has a smile on her face and is just so full of love for people. I would love to have her mindset or something even close to it.



I think it's important to stay away from drugs, alcohol, and tobacco as an athlete and club member because these substances affect the brain and body in a negative way. School and sports are a very important part of my life, and drugs, alcohol, and tobacco would alter my performance at both of those. I do not think that these substances are worth risking my education, involvement in sports, or health.

Kara Skoyen Junior

Activities: Above and Beyond, Student Council, NHS, FBLA, Culture Club, Hope Squad, Volleyball and Basketball

Hometown Hero: Mrs. Valesquez is my hometown hero. She has made Spanish an enjoyable and fun subject to learn. She is passionate about teaching and cares about her students. This summer I was able to go on the Spain and Italy trip because of her Spanish class. That trip was the most impactful experience and opportunity I've ever had. All of us students put the skills she taught us into practice, and even just being around the Spanish culture made me feel so grateful I had decided to take her class. Besides the unbelievable trip I was able to experience with her,

Mrs. Valesquez is overall a funny, comforting, caring, and exceptional human being. I'll never forget the moment when we shared our favorite part of the trip on one of the last nights of the trip. Mrs. V teared up and shared with us how proud she was of each and every one of us, and how lucky she was to have us as students. That moment shows just how much she cares for her students and is our biggest cheerleader. Spanish is a class I have always looked forward to taking, and Mrs. V has made the class inspirational and super educational. I am so glad I have taken this class and gone on the trip, as it opened my eyes to other parts of the world. The memories and laughs she has influenced have been some of the best moments I'll remember from high school. Better yet, I am so grateful to have learned about this culture with the best human being and teacher ever, Mrs. Valezquez.



I am proud to be a part of the OF community because of how everybody helps each other out no matter what and how people contribute a lot without getting anything out of it. People in the OF community are very selfless and I feel very welcomed and appreciated in the community. I am very proud to be a part of the OF community and it is an awesome community that I am able to be a part of.

Jack Steinke Junior

Activities: Above and Beyond, FBLA, Hope Squad, NHS, Sons of the American Legion, OELC Activities, Basketball and Track

Hometown Hero: Jack Popple is my hometown hero because he has helped me a lot throughout the years with sports and overall preparing me better for sports. He puts in a lot of his own time to help me out and shows up for every work out to give advice and keep helping me be the best I can be. He knows what goals I want to meet and need to meet and he does everything to help me achieve them, and he has made me a better athlete and person and I really appreciate what he has done the past few years. On top of all of this, he does it for everybody and not just me. He takes everybody seriously and tries to help everybody reach their own goals. He is a great role model

and makes other around him better.



It is good to be a good role model because younger people will look up to you and possibly copy the decisions that you make. Having a mature mindset is important since other people around you can copy the good roles that you acquire. Surrounding yourself with the people you want to be like is also very important, especially if they look up to you as a good person.

Breanna Aguillard

Senior

Activities: Above and Beyond, Student Council, Band, Jazz Band, EC Marathon Volunteer, Volleyball, and Track and Field

Hometown Hero: Lamoine Hanson is my hometown hero because firstly he is my grandpa and secondly because he is a hard working man. My grandpa is so awesome. It's amazing how much kindness and motive he has. Every day he works hard, long hours at his business. He does so much for everyone else around him that most of the time he puts himself last. Working and staying active are two of his top morals, and his only ones. He is a super hard working man who needs to give himself credit for all of the fantastic things he has accomplished. I look up to him as a role model and I wish to be passionate with my job as much as he is about his.

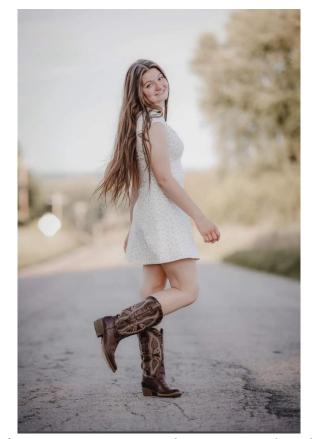


As an athlete physical performance is extremely vital, but so is mental performance. When you participate in drugs and alcohol your judgement can become clouded.

Melanie Andersen Senior

Activities: Above and Beyond, Student Council, Culture Club, FBLA, Golf, Lake Martha Day's Volunteer

Hometown Hero: My Dad is my Hometown Hero. He has always been the life of the party and is kind to everyone no matter what. He has always pushed me to be my best and has supported me every step of the way. He is a great person but an ever better Dad.

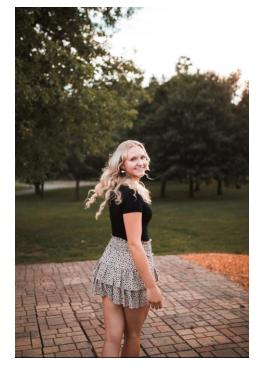


It's important to be a good role model because good role models provide inspiration, motivation, and support to people younger or less experienced than them. If our upperclassmen can be good role models to the underclassmen and the middle schoolers, we create a better school for everyone.

Lilly Armstrong-Baglien Senior

Activities: Above and Beyond, Hope Squad, FBLA

Hometown Hero: My hometown hero is my mom. She has always helped me be successful and supported my journey throughout my school years. She has gotten me back on track when school feels like too much to handle and encouraged me to aim high with my academics and extracurriculars.



I think that it is important to be a good role model because there is always someone watching you. In my case, it's my niece and nephew. My niece watches my every move and is starting to copy what I do. She follows me around constantly and repeats what I say and even how I say it. Besides her, I have many small children in my life that copy what I do, and that has definitely pushed me to be the best role model that I can. I want to set a good example for these kids.

Halle Colby Senior

Activities: Above and Beyond, FBLA, FFA, Ruby's Pantry Volunteer, Volleyball, Basketball and Softball

Hometown Hero: Kevin is my home town hero because he is the most caring and kind person I know. He's always willing to step in and lend a hand, no matter the situation. I can always go to him when I need to talk to someone or when I just need a hug.

Dale Polinske is also a hometown hero of mine. I nominated him to be my hometown hero because of the kind of person he is. He is our local schools crossing guard, helps out whenever he can, and is always kind. Dale is the type of person you could call whenever you need help and he would be on his way to you. He takes care of his mother as well.



I am proud to be a part of the OF community because of the people in it. We do a great job of supporting each other and lending a hand.

Carly Dahl Senior

Activities: Above and Beyond, Culture Club, NHS, Gymnastics, Church Involvement, Ruby's Pantry

Hometown Hero: My hometown hero is Curt Nelson. I think everyone in the town knows who Curt is, which just shows how involved he is in the community. He is constantly working on new ideas to bring people together and make this town a more exciting place to live!



I think it's important to be a good role model because people are always watching. The younger ones will look up to you.

Tymeka Eisberner Senior

Activities: Above and Beyond, FFA, TADD, FBLA,, Golf, Basketball, Track, Fairchild Fire Department, Russel Corner Badger 4-H, Friends of the Fair, En Avant School of Dance

Hometown Hero: Dezaray Eisberner is my hometown hero. Even though she is my sister, she's also my built in best friend. My sister is always there for me no matter what goes on. Dez is also there for other people. Thank you for being there to either listen to my not so funny jokes or even a shoulder to cry on. I wouldn't want to choose another best friend, nor sister.



I think older kids are always told to watch what they do and say because younger kids are watching, and we tend to not always believe it. The thing is, those younger kids, and not even just kids, but entire communities of people are watching you. Being a good role model is not only about presenting yourself in a good way, but representing your school, your clubs, and your community in a good way.

Hanna Giacomino Senior

Activities: Above and Beyond, FBLA, NHS, Volleyball and Basketball

Hometown Hero: Kevin Rongstad is my hometown hero. Kevin shows up for his community constantly, and more importantly, his family. Kevin will drop everything he has on his plate to help out somebody else. Kevin has put others before himself time and time again. He has donated his time and things to the community over and over again, for example, the fireworks at the merchants field for the 4th of July. He puts hours and hours of work into the community every year, so that's why I am choosing to recognize Kevin as my hometown hero.



I love how everyone is always there for each other willingly. We're always promoting the smaller local businesses in Osseo and there's always lots of volunteering. I'm proud to be part of the OF community because we're all always there for each other, especially in our tough times. We spend tough times together and help each other heal.

Kiera Gruba Senior

Activities: Above and Beyond, Culture Club

Hometown Hero: Katie Schemenauer is my hometown hero. Recently I've had a few medical issues and she's always been there trying to do her best to help me, even when she's busy. Katie is the easiest person to talk to and she never failed to make me feel comfortable and at home in her house. She's always reliable, never judgmental, SO smart, and confident. Confidence literally radiates off of her and she's never afraid to speak her mind. I know she will always have my back, she's literally my idol.



I think its important to stay away from drugs because of the long lasting effects they can have on the body and the brain. While in high school our brains are not fully developed and the usage of drugs can damage certain parts and drinking can cause many problems in the liver.

Chloe Gunderson Senior

Activities: Above and Beyond, NHS, FBLA, FFA, Culture Club, Church Involvement, Basketball, Softball and Volleyball

Hometown Hero: My hometown hero is Ms. Hayden. Ms. Hayden has done so much for me and our school in her two short years here as a teacher. She is constantly working so hard for our FFA Chapter and our school. Ms. Hayden has personally helped me come out of my shell in FFA and helped me achieve much more than I was aware I was able to do. She is a great representation of how amazing our faculty is and how much they care about us and our accomplishments.



It is very important to be a good role model for not just students in the school but also in the community because the society we live in needs good models and leaders.

Jaxon James Senior

Activities: Above and Beyond, Golf, Culture Club, NHS, Student Council, Trap, Lion's Club, Sons of the American Legion

Hometown Hero: Mrs. V is my hometown hero because through my time in the high school she had always been a rock that I know will be there no matter what. She puts her students first and always wants what is best for us. She has opened the world to me and many others that will inspire for many years to come.



The community is so closely knit, everyone leans on each other, and are happy to support their neighbors as well. That is something that is hard to find.

Brogan Korger Senior

Activities: Above and Beyond, FBLA, NHS, Ruby's Pantry, Basketball and Baseball

Hometown Hero: Rick Speckien is my Hometown Hero. Mr. Speckien is an awesome teacher and makes every class fun. He is always good for a joke or conversation about sports. I enjoy all the classes I have with him, and I want him to be recognized for his hard work.



I know that it is important to stay away from drugs, alcohol and tobacco as an athlete and club member because I know that I want to keep my mind and body as healthy as it can be. Drugs, alcohol, tobacco can be very addicting, with that, I would not want to be addicted young to ruin my future potential. I only have four years of high school, so I want to make the most of it without dealing with the consequences of drinking and other health impacts. It is important to prove to yourself that you do not need any of those substances to feel good or be your best self. You can have just as much fun without that in your system.

Addi Koxlien Senior

Activities: Above and Beyond, NHS, Hope Squad, FBLA, Lion's Club, Volleyball, Basketball and Softball

Hometown Hero: Erica Koxlien, my mom, is my hometown hero. She is a detective for Trempealeau County. Working long, tough days, coming home, then leaving right away to a sports game that my brothers' or I are playing, she is always there. During sports seasons' it can get busy for me and my two brothers. But, no matter what, my mom is always there supporting us. She is one of my biggest supporters and is always there cheering me on. She is not only my mom, but also my best friend. I am beyond grateful to have a mom like her. I am able to tell her everything and anything, with also giving solutions and/or comfort. My mom is my hometown hero because no matter how tough her job or days can get, she ALWAYS puts other people before herself. She really deserves the world.



It is important to be a good role model to show the differences in outcomes if you have poor behavior vs. good decisions. If you chose to make poor decisions you are more likely to have harsher consequences and miss out on opportunities. If you make good decisions and are a good role model, later in life you will have an easier time because you already know how to be compassionate, hardworking, and kind.

Lillian Kufner Senior

Activities: Above and Beyond, Student Council,
Track

Hometown Hero: Jennifer Sanford is my hometown hero. I choose Jennifer because she will always make me smile when I see her, whether it's when she's at the Nickel working, running an event for her businesses, or just stopping by her house. Jennifer will always put in the extra work no one wants to do, she stays late, runs entire events, and somehow always has supplies for every event. Even though she makes weird faces at me, like all the time, it always makes my day to have someone who will make me smile every time I see her.



Being involved in the OF community allows me to make a positive impact and contribute to something bigger. I have made many new friends and connections while being a part of this community. I love being surrounded by hard-working people that share common goals and experiences.

Karmen Paulus Senior

Activities: Above and Beyond, NHS, Student Council, FFA, Culture Club, 4H, Track

Hometown Hero: My hometown hero is Ms. Hayden. She has been a role model for me since she arrived at OFHS. Ms. Hayden has done more for the school and its students than you could ever imagine. I love how she is always leading by example and holding herself and her students to very high standards and our true potential. She has inspired my choices beyond high school and into college to pursue a career in agriculture as well as prepared me for my current job, which will lead me into what I want to do in the future. Ms.

Hayden never stops working to provide opportunities for her students and deserves to be recognized for her involvement in the school and community.



Using drugs and alcohol will do nothing good for my future so staying away from them will be the best thing I can do.

Mason Scheffer Senior

Activities: Above and Beyond, AV, FFA, NHS, Cross Country, Track and Field

Hometown Hero: Aaron Scheffer is my hometown hero. He is always encouraging me to strive to be a better person. He also helps me with anything that I have a question with and always has a good work ethic and doesn't stop until the job is done.

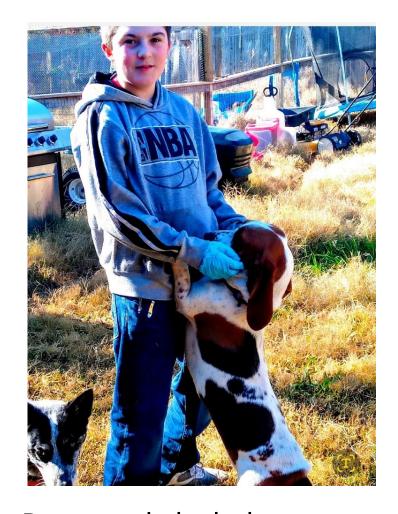


When we think of a role model, we usually assume it is for a younger audience. While that may be true in some cases, being a good role model can influence anyone from any age level. Being a good role model to your peers is just as important. People my age are very influential, and if you're a good role model peers will look up to you and hopefully mimic your actions. On the other hand, being a good role model to kids is vital because their young minds are even more influential. If kids have a good role model to look up to, they are more likely to act the same way when they get older. Setting kids up with a good future is extremely important and being a good role model is just the beginning of it.

Hayden Vold Senior

Activities: Above and Beyond, NHS, Student Council, Hope Squad, Lake Martha's Day Volunteer, Track

Hometown Hero: My hometown hero is my childhood caretaker Becky Larson. She is one of the most compassionate people I have ever met. Anytime I run into her, we talk for hours. She was an influential figure in my childhood and I would certainly not be the way I am without her care. Her care continues to influence other children and I'm sure they will grow up to be amazing leaders like I believe I am. Becky is incredibly heartfelt and shows love to each and every one of the kids she watches. My classmates I went there with have also become outstanding individuals.



Drugs and alcohol use can wreck your future and your health. It can cause other people to wreck their health as well.

Gauge Bertrang Freshman

Activities: Above and Beyond, Basketball, Baseball, and Church Involvement

Hometown Hero: Josh Marino The reason I picked Mr. Marino as my hometown hero is because he was a great influence on me when I was going through a hard time, and he helped me get better at the sport I love.

Thore and Beyond

I feel it is important to be a good role model, so problems aren't caused. It also teaches people younger and older to do the same. I believe in the chain reaction method.

Jasmine Curry Freshman

Activities: Above and Beyond, Basketball, Volleyball, FCCLA, FBLA, and Student Council

Hometown Hero: I believe Mrs. Stendahl should be recognized for playing a big part in our community. She lifts people up and is always willing to go the extra mile. She puts others first before herself. If I needed someone, she would go out of her way to make it happen. Mrs. Stendahl also does her job well, correctly, and she does it with passion. Let alone, she has been part of the Family Consumer Science for so many years. She treats each one of her students like her own. She always has something to contribute to the community like the shoe drive. I love her as a teacher and FCCLA advisor. That being so, Mrs. Stendahl well deserves plenty of recognition.



Being a good role model is very important because it is showing little kids that are younger what to do and not what to do because they look up to you.

Sara Giacomino Freshman

Activities: Above and Beyond, Basketball, Volleyball, and FBLA

Hometown Hero: My home town hero is Shane Giacomino(dad) he has always been there for me and shown me how to do something the right way and has never failed to be there when I needed him. He pushes me to be my best.



It is important to stay away from drugs and alcohol so you don't get in really big trouble.

Both also can result in health complications.

Izaiah Green Freshman

Activities: Above and Beyond, Basketball, and Golf

Hometown Hero: My hometown hero is my dad. I picked him because he is always teaching me different things and everyone knows him for helping out in the community. He is always happy to help out with sound in the park on Mondays in the summer. Everyone usually knows him for what he does with helping out and coming to DJ events too. I am also really glad when someone comes up to me and tells me, "are you Shawn's (My dad) kid." I think that makes me feel special.



It's important to be a good role model because it shows others how to act and it gives them someone to look up to.

Kenna Gruba Freshman

Activities: Above and Beyond, Student Council Volleyball, Basketball, and Track

Hometown Hero: My hometown hero is Tina Bohlinger. She has been an excellent role model in my life and I can't thank her enough. She's always been there to support me with any event. Not just me, but all her family and friends. Tina is a super creative person and very talented. She loves making cards for people and every time she makes one, she never fails to impress me. Her encouraging words is what keeps me going throughout the day, and the little gestures she offers to do is something I'll always be grateful for. Tina being in my everyday life is something I will never take for granted.



It is important to stay away from drugs and alcohol as an athlete and group member because they can get you suspended from sports, and effect your ability to make good decisions.

Drew Hanson Freshman

Activities: Above and Beyond, Sons of the American Legion, Football, Basketball, and Baseball

Hometown Hero: Peter Kleinschmidt is my hometown hero because he helps me out in the classroom. He is also a very nice and kind



I think it's good to be a good role model because younger kids are learning from you and watching you even when you don't think they are, and it's important when you are representing our school to show others that we are a good school.

Avery James Freshman

Activities: Above and Beyond, Student Council, FBLA, FFA, Volleyball, Basketball, and Track

Hometown Hero: I picked Mrs. Nelson to be my hometown hero because I have learned so much from her in the past couple of years. She was my teacher and my basketball coach. Mrs. Nelson is someone I can always joke around and have a good time with. If I was ever having a bad day at school I could go and talk to her about anything. She made basketball practices a lot more fun and enjoyable. If I ever had any questions about homework or even things that have to do with basketball she would always answer.



I'm proud to be a part of the OF community because we are all there for each other and ready to help when needed. If you ever need anything you know that the OF community will help out.

Brylie Johnson Freshman

Activities: Above and Beyond, Student Council, Church Youth Group, Volleyball, Basketball, and Softball

Hometown Hero: Justin Johnson is my home town hero. I chose Justin because he is just an all around great guy. He has been coaching me and my sisters' softball team since Tball-14u voluntarily. He is also the head JV coach for OFHS football, and is the varsity O-line and Dline coach. He also stepped in and coached the rest our northwest basketball season on very short notice. He has always been willing to help out in the community and give back. This is why I chose him as my home town hero.



I think it is important to be a good role model because young people look up to us and if we don't act in a mature manner then they won't and that would cause the next generation to be worse and so on.

Heath Johnson Freshman

Activities: Above and Beyond, Speech Team, 4H and Youth Group

Hometown Hero: My hometown hero is Jennifer Weaver, she is a kind person who cares about everyone around her. She has a way of making everyone she comes in contact with happier and better people. She is an amazing person and that is why I nominated her as my hometown hero.



I am proud to be part of the OF community because we are all great people and make each other even better!

Leah Klevagard Freshman

Activities: Above and Beyond, Student Council, Hope Squad, FBLA and Volleyball, Dance Team and Softball

Hometown Hero: My hometown hero is Haley Koenig because she has made me a better person and she is a great role model to everyone!

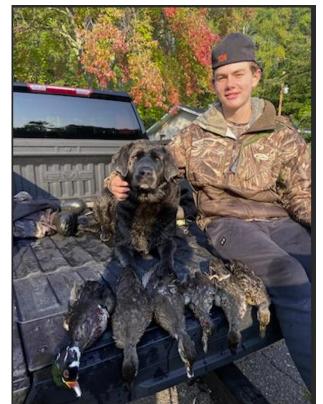


Drugs, Alcohol and Tobacco could ruin my chances of getting athletic achievements and I've seen peoples lives be ruined by drugs.

Brett Knuth Freshman

Activities: Above and Beyond, Football, Wrestling and Track

Hometown Hero: My dad Raymond Knuth is my hometown because he taught me to try to make the best of a bad situation and to push myself past my limits.



Drugs, Alcohol and Tobacco use as a student athlete is a bad idea, because your brain is not fully developed until your out of high school and your decision making is the last to develop and you don't want to damage that.

Brooks Koxlien Freshman

Activities: Above and Beyond, Football, Basketball, Baseball, Mowing at Church

Hometown Hero: Andy Paulus is my hometown hero. Andy is like my second dad because he always asks me if I am ok or if I need a ride. Andy is a good community member by helping ANYONE who needs. Mowing, picking up trash are just a couple things he does for the community. This is why I picked Andy.



I'm proud to be part of the OF community because the people of our community are always supporting each other and the school. They are also very supportive of the communities clubs, organizations, and sports.

Noah Krueger Freshman

Activities: Above and Beyond, Football, Wrestling, Baseball, Boy Scouts and Student Council

Hometown Hero: My hometown hero is Jack Popple because he's always putting together lift programs for the sports teams. He's also a kind person and is always trying to support and push people get better.



It is important to be a good role model as our school gives so much to us and its time to give some back in a way that I can.

Emma Lyngen Freshman

Activities: Above and Beyond, Student Council, Volleyball, Basketball and Softball

Hometown Hero: My hometown hero is my father David Lyngen. My dad works for the Trempealeau County Sheriffs Department, but he's also apart of the Trempealeau County Fair Board. My dad has always taught me to work for the things I want, and to never give up on things I'm passionate about. He serves his community by being active in local organizations. He knows how to use his sense of humor to help in different situations. I look up to him because he is an excellent role model for people of any

age.

Blaine McCune Freshman

Activities: Above and Beyond, Football, Basketball and Baseball

Hometown Hero: My hometown hero is Marion McCune. She is constantly helping everyone around her and finds time for everyone. She is always looking for ways to help others. She helps out with "Feed My People," Meals on Wheels, bringing people to appointments, making food, and finding all kinds of ways to help anyone she can. She has taught me to look for people who need help and be the help they need.



It is important to be a good role model so others know how to act.



It is important to stay away from drugs and other harmful substances as a club member because it can effect you mentally and physically. Your behavior may also change and reflect negatively on your peers.

Ella Rahl Freshman

Activities: Above and Beyond, Archery

Hometown Hero: My hometown hero is Mrs. Tera Simpson because she takes time out of her day to organize community activities and events which brings people together. She is also a very kind and caring person who I'm sure is a lot of other peoples heroes as well. I couldn't think of anyone better for the community and for a hero.

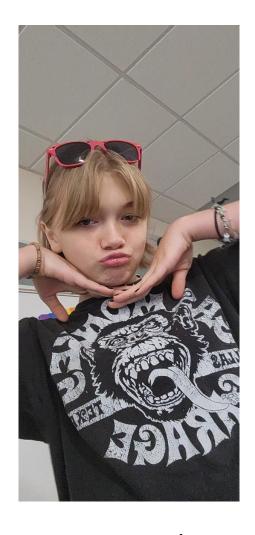


I am proud of being part of the OF community because it has helped me make a lot of new friends. Moving to a new town is scary but I felt so welcomed here right away!

Addison Rygiel Freshman

Activities: Above and Beyond, Student Council, FCCLA, FBLA, Educators Rising, and Dance

Hometown Hero: My hometown hero is Mrs Jensen. I chose her because since I moved here, and has always been encouraging me to move outside of my comfort zone and to always do my best. She has been an amazing dance coach and she's helped me make a ton of friends and feel more confident in myself. That's why I chose Mrs. Jensen as my hometown hero!



It is important to be a good role model because younger grades should have somebody to look up to.

Lyrik Seichter Freshman

Activities: Above and Beyond, The Musical

Hometown Hero: My hometown hero is Mrs. Tera Simpson because I feel like she does so much for everyone around her. She is not only just a great teacher but also, a great role model for everyone.



Jason Sedillo Freshman

Activities: Above and Beyond, Track and Basketball

Hometown Hero: Johnnie Sedillo

I am proud to be apart of the OF community because this is a great community filled with kind, empathetic, helping, understanding people.



Staying away from alcohol, drugs and nicotine is important because you could get kicked off a team if you get caught smoking, doing drugs, etc.

Tyler Smith Freshman

Activities: Above and Beyond, and Baseball

Hometown Hero: My hometown hero is Will Smith. He has always been able to make me smile. He even taught Sunday school for a couple years at our old church. And he also does electrical work for people around town. He always finds a way to lighten up a room. This is why I chose Will Smith for my hometown hero.



In our community we show support for each other through the hard times. The people in our community are amazing and they help make our community better each day.

Adelyn Swanson Freshman

Activities: Above and Beyond, Student Council, Volleyball, Basketball and Softball

Hometown Hero: My hometown hero is my mom, Joann Wampole. She finds ways to help me in every aspect. My mom is my best friend. She has supported me in everything I do, I couldn't imagine doing anything without her support. She is the person anyone that knows her could call for help or even to talk to about anything. My mom is the type of person that will do anything to keep other people happy and safe.



I am proud to be a part of the OF community because we all come together as one to help pitch in and help others. We can always rely on each other and put a smile on others faces.

Julia Wakefield Freshman

Activities: Above and Beyond, FFA, Volleyball,
Basketball and Track

Hometown Hero: My hometown hero is Mrs. Lane-Neddermeyer. She is my hometown hero because she helps everyone out that comes to her with problems. Whenever you're in a mood she will lift it up. She has helped me out so much and I think she leaves an impact on others. She is very nice and a very very cool teacher to have. That is why she is my hometown hero.